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Preventing Bullying of Children & Youth on the Autism Spectrum
A Resource List
Compiled by Christine Guth
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Books

***Asperger Syndrome and Bullying: Strategies and Solutions.* By Nick Dubin. Jessica Kingsley**

Publishers, 2007. Dubin suggests many reasons why children with Asperger's are four times more likely to be bullied than their peers. Knowing why students with AS are especially susceptible to bullying offers insight into stopping the problem. Dubin gives specific suggestions for empowering victims, bystanders, teachers, parents, and schools to prevent bullying. Included are specific suggestions for inclusion in IEPs. Dubin, who has Asperger's himself, combines his own experiences of being bullied with up-to-date research on bully prevention to write a book that will be valuable to every parent of a child with AS, especially those in the vulnerable middle school years.

***Perfect Targets: Asperger Syndrome and Bullying,* By Rebekah Heinrichs, Autism Asperger Publishing Co., 2003.**

Perfect Targets is jam packed with easy-to-implement solutions for identifying, resolving, and preventing bullying. "Children with AS lack the social skills and social support to counter their attackers and, therefore, often become chronic targets of bullying... The truth is that no child has the necessary social skills to stop severe bullying *without adult intervention and support.*" (pp. 55-56.)

Online Articles

"The Individualized Education Program (IEP) and Bullying." Includes goals and objectives that might be included in the IEP for a child on the autism spectrum; also supplementary aids and services, program modifications, or supports. <http://www.pacer.org/publications/bullypdf/BP-4.pdf> From The National Alliance for Parent Centers, www.taalliance.org.

AAPC Newsletter, Winter 2007. Special issue on bullying. Autism Asperger Publishing Co.

http://www.asperger.net/Newsletter_Winter06.pdf

"Bullying Among Children and Youth with Disabilities and Special Needs." LD Online.

<http://www.ldonline.org/article/20001>

"Bullying and Asperger Syndrome." Your Little Professor website. <http://www.yourlittleprofessor.com/bullying.html>

Websites and Programs (not autism-specific)

National Center for Bullying Prevention <http://www.pacer.org/bullying/index.asp> (includes resources for children with disabilities)

Olweus Bullying Prevention Program. <http://www.clemson.edu/olweus/>

International Bullying Prevention Association <http://www.stopbullyingworld.org>

Stop Bullying Now, a program of the U.S. Department of Health and Human Services Health Resources and Service Administration <http://www.stopbullyingnow.hrsa.gov> .

"Tips for Parents: What to Do if Your Child is Being Bullied"

http://stopbullyingnow.hrsa.gov/HHS_PSA/pdfs/SBN_Tip_21.pdf

Cyber Bullying Prevention

www.wiredsafety.org

www.stopcyberbullying.org

Stop Bullying Now! A kid-friendly website. <http://www.stopbullyingnow.hrsa.gov/>