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## **Audiovisual Resources Available from ADNET**

*Note: All titles available for loan. Videos for loan are sent free of charge for a three-week period. Donations requested to cover cost of shipping and handling and to support ADNET's ministry. When price is given, title is also for sale.*

### **Videos in DVD** (VHS available as indicated)

***A Fierce Goodbye: Living in the Shadow of Suicide*** – Over four million people a year in the U.S. mourn the tragic suicide deaths of family members. In this video, family survivors reveal their intimate stories and aching pain to assist other survivors and to help the broader community understand the unique and terrible grief of suicide. The church can be a “healing station” in helping survivors find their way to recovery. Leaders Guide included.

Producer: Mennonite Media

Format/Price: VHS: \$19.95 DVD: \$24.95

Age/Date: 2004

Length: 44 minutes

***Believing, Belonging, Becoming: Stories of Faith Inclusion*** — Shows the stories of 4 persons with disabilities and how they participate in their faith communities. See how faith communities have formed worship support circles, fostered one-to-one relationships, and committed resources to promote inclusion. English and Spanish subtitles included.

Producer: Wisconsin Council on Developmental Disabilities, Lisa Pugh

Format/Price: DVD

Age/Date: 2002

Length: 11 minutes

***Breaking the Silence: Postpartum Depression and Families of Faith*** — An ecumenical resource to educate faith communities about postpartum depression. Two women share personal stories of postpartum depression and how this experience affected faith and recovery. A final segment suggests how faith communities can respond. Includes discussion guide on the DVD and recommended resources. Purchase through [www.mentalhealthministries.net](http://www.mentalhealthministries.net).

Producer: Mental Health Ministries

Format/Price: DVD

Age/Date: 2007

Length: 44 minutes

***Can't, Not Won't: A Christian Response to Fetal Alcohol Spectrum Disorder (FASD)*** FASD is a term that describes a range of life-long cognitive, physical, behavioral and mental disabilities that can result when a mother drinks alcohol, which passes to the fetus. We are introduced to two families living with FASD and their church communities. Explores how the church can respond in helpful and supportive ways to families affected by FASD.

Producer: MCC Canada

Format/Price: VHS & DVD: \$23.00

Age/Date: 2005

Length: 45 minutes



## VHS Videos

***A Place to Come Back to*** – Introduces the role of a caring congregation in the lives of people with mental illness and their families. Offers exciting ideas for outreach to those with mental illness. (2 copies)

Producer: The American Lutheran Church      Format: VHS  
Age/Date: 1990's      Length: 29 minutes

***A.D.D. from A to Z: Understanding the Diagnosis and the Treatment of ADD in Children and Adults*** by Edward Hallowell, M.D.

Producer: The Hallowell Center      Format: VHS  
Age/Date: ??

***All God's People*** - Includes stories of congregations that have reached out to include people with disabilities and a model for ongoing ministry for persons with developmental disabilities.

Producer: Association of Brethren Caregivers      Format: VHS  
Age/Date: ??      Length: 14 min.

***Asperger Syndrome: Living Outside the Bell Curve*** - The video looks at students who have Asperger in general, and focuses in on 12-year-old Andrew and his family. Includes and in depth interview with a medical professional who explains the causes of, symptoms of and strategies for coping with Asperger syndrome. Will be helpful to Christian Education staff, Sunday school teachers, youth group leaders any one in contact with a child who has this disability.

Producer: Video Architects, L.L.C.      Format: VHS  
Age/Date: 2001      Other: Close captioned      Length: 17 minutes

***Beyond the News: Sexual Abuse*** – Presents real stories of people who have experienced sexual abuse. Includes the perspective of an experienced Christian counselor. Compelling presentation for adults only. Leader's guide included.

Producer: Mennonite Media      Format: VHS  
Age/Date: 1993      Length: 30 minutes

***The Bonnie Tapes: Mental Illness in the Family*** – A series of videos that provides an intimate view of a much-stigmatized illness, schizophrenia. In this video of the series, Bonnie, her parents and her sister openly discuss her initial breakdown and diagnosis and its impact on her and her family.

Producer: Mental Illness Education Project      Format: VHS  
Age/Date: 1997      Length: 26 minutes

***The Bonnie Tapes: Recovering from Mental Illness*** – In this video of the series, Bonnie, who is recovering from schizophrenia, discusses her initial breakdown, symptoms (hearing voices), medication, fear of reoccurrence, and her hopes for the future. A revealing look at how her illness impacted daily life.

Producer: Mental Illness Education Project      Format: VHS  
Age/Date: 1997      Length: 27 minutes

***Broken Trust*** – Examines the struggles of those hurt by sexual abuse and highlights the path to recovery. Includes dramatizations of key sexual abuse situations, bringing the issue to life.

Producer: Christian Counseling Resources      Format: VHS  
Age/Date: 1995      Length: 60 minutes

***Caught in the Middle*** – Focuses on children's experiences with divorce and separation. Gives practical guidelines on how parents can help children. Good for families to watch together.

Producer: Christian Counseling Resources      Format: VHS  
Age/Date: 1995      Length: 45 minutes

***Coping with Depression*** – Offers a message of hope for those with mental illness. Provides an understanding of depression and practical suggestions on how to cope with it.

Producer: Christian Counseling Resources      Format: VHS  
Age/Date: 1995      Length: 45 minutes

***Coping with the Stigma of Mental Illness*** – Powerful personal reflections by two persons who live with the illness, depression. Also addressed are society's misconceptions about mental illness and ways to provide accurate information.

Producer: The Carter Center      Format: VHS  
Age/Date: 1996      Length: 27 minutes

***Dark Glasses & Kaleidoscopes: Living with Manic Depression*** - Join host Tony Dow for an exploration of the symptoms and treatment of manic depression through honest, emotional testimony of people and families who live with these illnesses. You'll learn also of the powerful resources available.

Producer: National Manic and Manic Depressive Association      Format: VHS  
Age/date: January 1999      Length: 33 minutes

***Divorce Recovery*** – Dr Tom Whitman examines divorce and its effects on those involved. Gives strategies for coping through lifestyle changes.

Producer: Christian Counseling Resources      Format: VHS  
Age/Date: 1995      Length: 58 minutes

***Everyone counts*** — Presents five Anabaptist congregations across the US and Canada and how they have integrated people with developmental disabilities into their church lives. (2 copies.)

Producer: Video Architects, L.L.C.      Format: VHS  
Age/Date: Early 1990's      Length: 17 minutes

***Families coping with Mental Illness*** – A group of 10 individuals, all family members of persons with mental illness, came together specifically to make this video for the purpose of helping other families and contributing to the training of professionals. Both family members of people with serious mental illness and mental health professionals will gain information, support and helpful insight.

Producer:      Format: VHS  
Age/Date:      Length: 22 minutes





***Yet in My Dreams*** – Mennonite families describe their hopes and dreams for their mentally ill family members and how the church can respond. (2 copies)

Producer: Turning Point Ministries

Format: VHS

Age/Date: 1990's

Length: 29 minutes.

*Updated 5/12/2009*