

Bibliography for MHA Workshop
Empowering Families in Crisis: Strategies for Mission Possible
March 11, 2005, Orlando, Florida

A gift of hope Published by Mennonite Mutual Aid, Goshen, IN (2000).

A booklet that offers practical suggestions on how congregations and individuals can care for those with mental illness and their families.

Cognitive Coping Project: Coping with the Challenges of Disability. Beach Center on Families and Disability, The University of Kansas. (1994) (<http://www.beachcenter.org>)

A booklet containing the results of a study on how families cope when a child with a disability is born into the family. The premise is that there are four types of cognitive perceptions of such an event that influence how a family copes overall. The four categories of perceptions identified are: causal attributions, mastery/control, social comparisons, and positive contributions.

Froese, E.A. *Inside I'm dancing: Personal stories of God's healing and design.*

Published by Mennonite Central Committee Saskatchewan (2000).

This book contains many wonderful stories written by people with a mental illness or other disability and includes themes about coping, faith, perspectives and the church.

Gaventa, Bill. Excerpt from "Pastoral Care for People With Disabilities and Their Families" Dialogue Session on Pastoral Care, National Council of Churches Committee on Disabilities, Princeton Theological Seminary (1997).

Gill, B. *Changed by a child: companion notes for parents of a child with a disability.* New York. Doubleday (1997).

A book of short anecdotes written by an attorney and mother of a young man with Down Syndrome compiled from true stories from parents who have "been there." Though it covers a range of issues and challenges encountered by families as well as emotions felt while on the journey, it is full of encouragement and hope.

Graber, P. and Graber, M. *Lessons from Emily.* Published by Mennonite Mutual Aid, Goshen, IN (1998).

A wonderful booklet about how a family processed the experience of having a child with a disability, personally, with their faith and with their church congregation.

Horning, C. *A Christian View of Mental Illness: Understanding and response.*

Published by Mennonite Mutual Aid in Goshen, IN (2000).

A booklet of information including the church's historical perspective on mental illness, definitions of MI, the role of faith and how the church can respond.

Janzen, I. K. *Becoming a more caring congregation*. Published by Mennonite Central Committee Canada. Winnipeg, Manitoba, Canada (1999).

This booklet includes helpful and tangible examples of how a church can provide care and support of those with disabilities and mental illness in the church.

Klein, S.D., and Schive, K. *You will dream new dreams: Inspiring personal stories by parents of children with disabilities..* New York. Kensington Publishing Co. (2001).

An inspiring collection of personal stories written by parents of children with disabilities. Includes the messages of coping, surviving, healing and hope while experiencing the disappointment of shattered expectations only to find unexpected joy in discovering new dreams.

Kolbell, E. *Surviving a crisis*. Child, February 2005, p. 144.

A short account written by a psychotherapist and ordained minister about how he survived the crisis he felt when his daughter was critically injured in a car accident. Provides examples of helpful things to say and what not to say in addition to tangible ways others can help in the early stages of a crisis.

Mennonite Central Committee Canada. *Light for All: Worship resources for including people with mental illness and disabilities*. Published by MCC Canada (2001).

A booklet that includes a variety of litanies, sermons, prayers, readings, stories and dramas congregations might consider using to become more welcoming of people with mental illness and other disabilities.

Preheim-Bartel, D. and Neufeldt, A. *Supportive care in the congregation*. Published by Mennonite Mutual Aid, Goshen, IN (1986).

A booklet that describes care circles, a method for congregations to offer supportive care to families and people who deal with mental illness and other disabilities, chronic illness or other needs.

Toews, J and Loewen, E. *No longer alone: Mental health and the church*. Herald Press (1995).

A book that discusses how congregations can support individuals and families affected by mental illness by addressing the interrelatedness of our social, emotional, physical, and spiritual selves.

ADNet Online Website (www.adnetonline.org)

The Resources section (www.adnetonline.org/Resources) includes a listing of many other resources available from Anabaptist Disabilities Network (ADNet), including all print and video resources and ADNotes a quarterly publication of the ADNet staff. Back issues of ADNotes include the following topics: coping, sibling relationships, children and youth education, accessibility, chronicity, and holiday hints.